

Natural Products Ingredients Guide

Ingredients to Avoid	Found in	Why it's Harmful
BHA and BHT	Moisturizers and various makeup products	Possible carcinogen and endocrine disrupter
Coal tar dyes	Hair dyes and pigmented cosmetics	Possible carcinogen and neurotoxin
DEA-related ingredients	Shampoos, conditioners, soaps and moisturizers	May react to form cancer
Dibutyl Phthalate	Nail polishes and nail care products	May react to form cancer
Formaldehyde	Various cosmetics	Known carcinogen
Parabens	Lotions, moisturizers and cosmetics	Endocrine disruptor and reproductive toxin
Fragrance	Hair care products, lotions and moisturizers, perfumes	Possible carcinogen and neurotoxin
PEG Compounds	Lotions, moisturizers and cosmetics	Possible carcinogen
Petrolatum	Hair products, lip gloss, lipsticks and lotions	Possible carcinogen
Siloxanes	Lotions, moisturizers and cosmetics	Endocrine disruptor and reproductive toxin
SELS and SLS	Shampoos, body wash and soaps	Possible carcinogen
Triclosan	Antiperspirants, toothpaste and cleansers	Possible endocrine disrupter and antibiotic resistor